



ABOUT ME

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Name:

Job Title:



Resolve
Implement
Enjoy

Thinking of specific work tasks that you currently undertake

What interests you the most?

What interests you the least?

What gives you the most satisfaction?

What gives you the least satisfaction?

What do you consider to be your main strengths?

What do you consider to be your main limitations?

**Have you got skills that you feel are not being currently utilised?
If so, what are they?**

How do you wish to live your life? What are your goals & objectives?

Professional

Personal

For the
next year

For the
next 3
years

For the
next 10
years